

Monthly Air Quality Bulletin

March-2026



State Pollution Control Board, Odisha
April-2026

Health Effects of Air Pollution



WHO IS MORE AFFECTED



PEOPLE WITH CHRONIC
LUNG/HEART DISEASE, DIABETES



SENIORS



CHILDREN



PREGNANT WOMEN



PEOPLE WHO EXERCISE
OUTDOORS

SHORT TERM EFFECTS



HEADACHE



NOSE, THROAT,
EYES INFLAMMATION



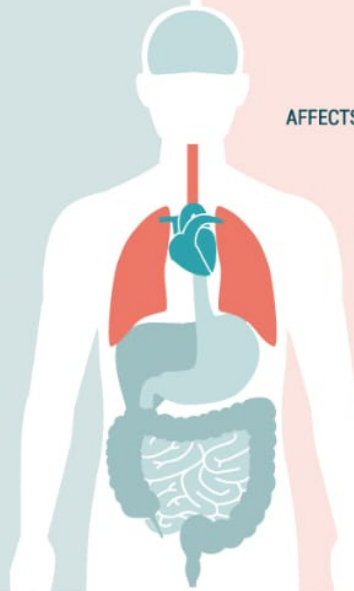
COUGHING,
PAINFUL BREATHING



PNEUMONIA,
BRONCHITIS



SKIN IRRITATION



LONG TERM EFFECTS



AFFECTS CENTRAL NERVOUS SYSTEM
(HEADACHE, ANXIETY)



CARDIOVASCULAR DISEASES



RESPIRATORY DISEASES
(ASTHMA, CANCER)



IMPACTS ON LIVER,
SPLEEN, BLOOD



IMPACTS ON
REPRODUCTIVE SYSTEM



HOW TO PROTECT YOURSELF



CHECK AIR QUALITY INDEX
IN YOUR AREA



USE A FACE MASK



KEEP WINDOWS AND
DOORS CLOSED



AVOID
CONGESTED AREAS



Air Quality Index (AQI) Data Comparison

City: Angul

March-2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
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Air Quality Index (AQI) Data Comparison

City: Balasore

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0-50	51-100	101-200	201-300	301-400	>401
Good	Satisfactory	Moderate	Poor	Very Poor	Severe



Air Quality Index (AQI) Data Comparison

City: Barbil

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Air Quality Index (AQI) Data Comparison

City: Baripada

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Air Quality Index (AQI) Data Comparison

City: Bhubaneswar

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Air Quality Index (AQI) Data Comparison

City: Beleipada

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2	3	4	5	6	7	8
9	10	11	12	13 NA	14 NA	15
16	17	18	19	20	21	22
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March-2026

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1	2	3	4	5	6	7
8	9	10	11	12	13	14 NA
15	16	17	18	19	20	21
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Air Quality Index (AQI) Data Comparison

City: Brajrajnagar

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Air Quality Index (AQI) Data Comparison

City: Cuttack

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Air Quality Index (AQI) Data Comparison

City: Kalinga Nagar

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Air Quality Index (AQI) Data Comparison

City: Keonjhar

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9	10	11	12	13	14	15
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Air Quality Index (AQI) Data Comparison

City: Nayagarh (Keonjhar)

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City: Rairangpur

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City: Rourkela

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City: Suakati

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Air Quality Index (AQI) Data Comparison

City: Tensa

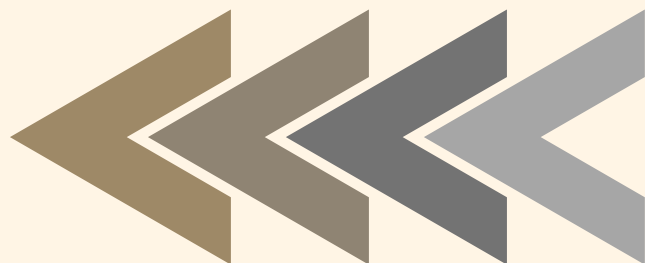
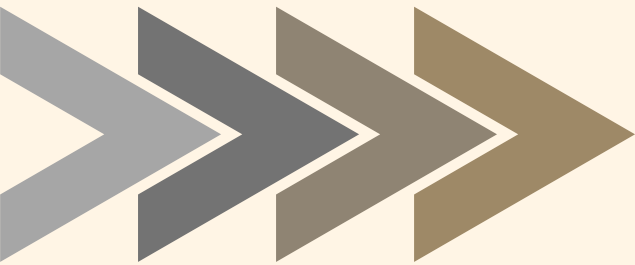
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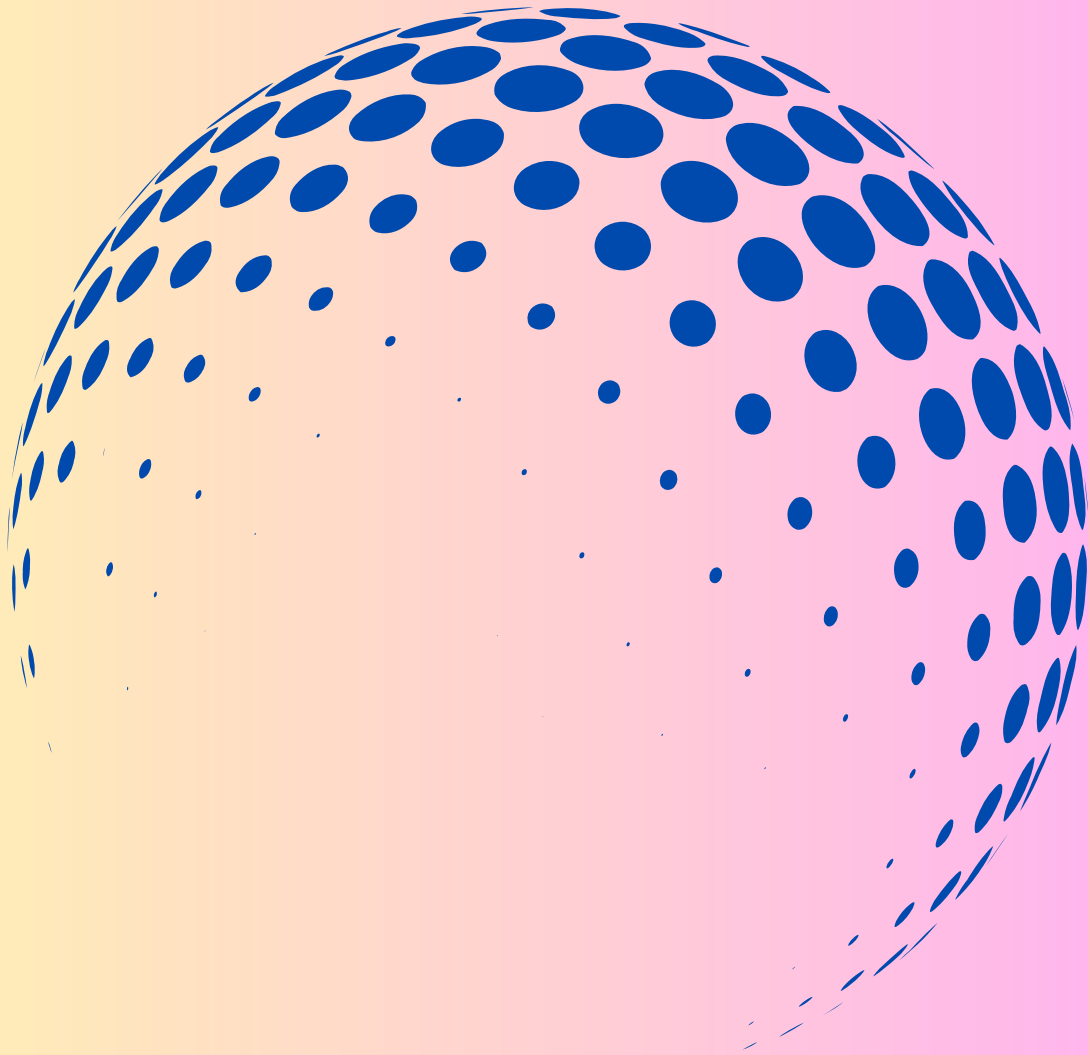
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State Pollution Control Board, Odisha

A/118, Nilakantha Nagar, Unit-VIII, Bhubaneswar-751012, Odisha, India